

2024-2026

Community Health

Improvement Plan

Butler County & the cities of Middletown & Hamilton



Presented by: Jackie Phillips Carter
The Community Health Improvement Plan
February 2026

ACKNOWLEDGEMENTS

This Community Health Improvement Plan (CHIP) was made possible thanks to the collaborative efforts of Butler County General Health District, City of Hamilton Health Department, and City of Middletown Health Department, community partners, local stakeholders, non-profit partners and community residents (listed below). Their contributions, expertise, time and resources played a critical part in the completion of this strategic plan.

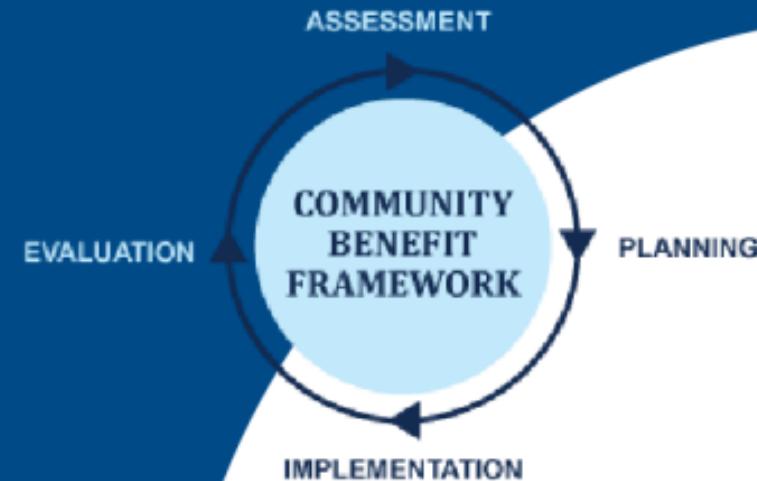


BUTLER COUNTY AND THE CITIES OF HAMILTON AND MIDDLETOWN HEALTH DEPARTMENTS WOULD LIKE TO RECOGNIZE THE FOLLOWING INDIVIDUALS AND ORGANIZATIONS FOR THEIR CONTRIBUTIONS TO THIS REPORT:

American Heart Association	Centerpoint Health	MidPointe Library System
Badin High School	Cincinnati Children's Hospital	New Path
Berkeley Square	City of Hamilton	Oxford Coalition
Bradford Place	City of Hamilton Fire Department	Pause for Parents, Play for Kids
Butler County Board of Commissioners	City of Hamilton Police Department	Prevention First
Butler County Board of Developmental Disabilities	Community First Solutions	Partnership to Reduce Infant Mortality (PRIM)
Butler County Educational Service Center	Council on Aging of Southwestern Ohio	Premier Health/Atrium Hospital
Butler County Emergency Management Agency	DeCoach Rehabilitation Center	Primary Health Solutions
Butler County Medical Reserve Corps	Envision Partnerships	Residence at Huntington Court
Butler County Mental Health and Addiction Recovery Services	Fairfield Township Fire Department	Safety Council of Southern Ohio
Butler County Regional Transit Authority	Family & Children First Council	S.E.L.F.
Butler County Township Association	Fort Hamilton Hospital	Serve City
Butler County United Way	Gateway Springs	Sojourner Recovery
Caracole	Hamilton City Schools	Sonida Living
CareSource	Hamilton Community Foundation	Trenton Police Department
Centerhaven	Interact for Health	University of Cincinnati Health West Chester Hospital
	Kettering Health	West Chester Board of Trustees
	Miami University	Westover
	Middletown City Schools	Woodlands of Hamilton
	Middletown Connect	YWCA
	Middletown Community Foundation	

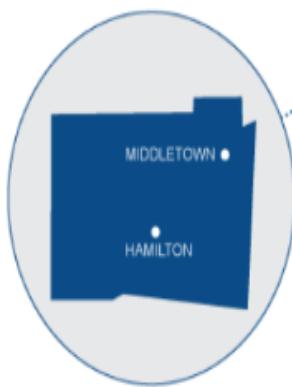


WHAT IS A COMMUNITY HEALTH IMPROVEMENT PLAN (CHIP)?



A Community Health Improvement Plan (CHIP) is part of a framework that is used to guide community benefit activities - policy, advocacy, and program-planning efforts. The CHIP is a county-wide collaborative health plan developed for Butler County and the cities of Hamilton and Middletown. Butler County General Health District, City of Hamilton Health Department, and City of Middletown Health Department are the lead agencies in coordinating and guiding this process. The plan is an effort to utilize existing resources and to develop new collaborations in order to improve the health of our residents.



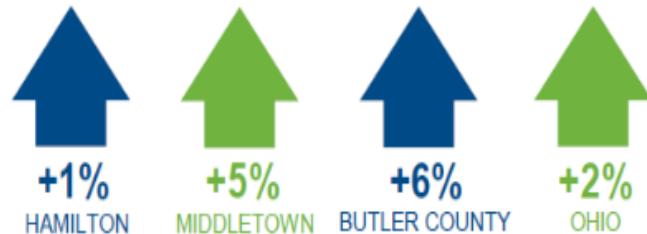


WE CURRENTLY SERVE
A POPULATION OF
388,420¹

HAMILTON MIDDLETOWN
62,937 51,229

THE POPULATION OF BUTLER COUNTY INCREASED
AT A FASTER RATE THAN OHIO SINCE 2010¹

MIDDLETOWN'S POPULATION INCREASED BY 5% AND
HAMILTON'S INCREASED BY 1% DURING THIS TIME PERIOD¹



ADDRESSING THE HEALTH NEEDS

The 2023 Community Health Assessment (CHA) identified significant health needs from an extensive review of the primary and secondary data.



The most important factors for a healthy community identified in the 2023 CHA Survey were:

- #1 Access to health care
- #2 Low crime/safe neighborhoods
- #3 Affordable housing
- #4 Access to mental health and substance use treatment
- #5 Well-paying jobs
- #6 Access to food



OUR NEXT STEPS

- Strategies
- Partners
- Outcomes
- Evaluation



#1

PRIORITY AREA
MENTAL HEALTH &
ADDICTION

Includes adverse childhood experiences (ACEs)



#2

PRIORITY AREA
CHRONIC DISEASE

Includes nutrition and physical health, overweight and obesity, and food security



#3

PRIORITY AREA
MATERNAL & INFANT HEALTH



#1

PRIORITY AREA MENTAL HEALTH & ADDICTION

Includes adverse childhood experiences (ACEs)



Priority Area Lead: Rachel Canepa
Email: rachel.canepa@bcohio.gov

Goal: Improve mental health and reduce addiction through prevention, access, and community collaboration.

Key Strategies:

- **Expand Resource Access**
 - Multilingual support & caregiver tools
- **Promote Whole-Person Wellness**
 - Align programs with 8 Dimensions of Wellness
- **Strengthen County Collaboration**
 - Expand Prevention Coalition & unify strategies
- **Distribute Naloxone**
 - Vending machines & overdose prevention
- **Train on Trauma & ACEs**
 - Build a trauma-informed community
- **Educate Providers**
 - Share policy guidance to reduce substance misuse

Priority Populations: Parents, youth, caregivers, first responders, educators, underserved communities



#2 PRIORITY AREA CHRONIC DISEASE

Includes nutrition and physical health, overweight and obesity, and food security



Priority Area Lead: Brittaney Gabbard
Email: brittaney.gabbard@bcohio.gov

Goal: Reduce chronic disease by improving nutrition, physical activity, and food security across Butler County.

Key Strategies:

- **Build Partnerships:** Establish a Chronic Disease Workgroup for collaboration across sectors.
- **Screen & Educate:** Offer community-based screenings for heart health and chronic conditions.
- **Empower Youth:** Improve youth health literacy through nutrition education and school outreach.
- **Promote Food Security:** Launch healthy food donation campaigns and improve access to nutritious foods.

Focus Population: Black and Hispanic residents, older adults, low-income individuals, children & youth, and other underserved groups.



#3 PRIORITY AREA MATERNAL & INFANT HEALTH



Goal: Improve Maternal and Infant health In Butler County

Key Strategies:

- **Community Health Worker Expansion**
 - Place CHWs in agencies and maintain training for them
- **Maternal Health Education**
 - Education on urgent maternal health warning signs such as hypertension, reproductive health, oral health, and breastfeeding.
- **Doula Services and Collaboration**
 - Expand access to pre- and post- Doula services
- **Mama Certified Policy**
 - Introduce Mama Certified policy in Butler County Hospitals
- **Addressing Barriers**
 - Literacy, language, access and transportation
- **Increasing Health Literacy**
 - Use plain language, professional interpreters, and tailored messaging

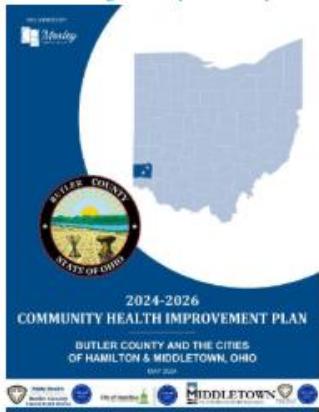
Priority Populations: all mothers/expectant mothers, with a specific focus on black mothers and those expecting.



You can read and view the Community Health Improvement Plan in full on our website! Just go to cityofmiddletown.org/health and click the accreditation tab!

Public Health Accreditation

The 2024-2026 Community Health Improvement Plan (CHIP) is now in full swing! Click image to open full plan.



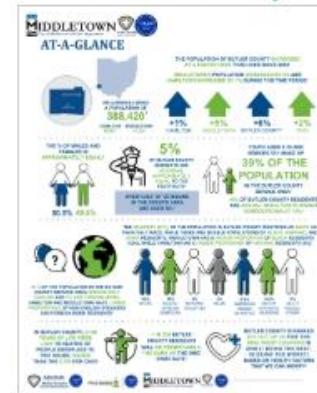
Thank you for participating with the CHA! Click image to open full assessment..



Thank you for joining our CHA Focus Group! Click the image to open the Results Presentation.



The Community Health Improvement Plan (CHIP)! Here is a glance at our results across the county.



We would love your feedback! Email our Accreditation Coordinator to share your feedback at nancy.mckillop@cityofmiddletown.org

