



# 2024-2026 Community Health Improvement Plan

Butler County & the cities of Middletown &  
Hamilton



Presented by: Jackie Phillips Carter  
The Community Health Improvement Plan  
February 2026

# ACKNOWLEDGEMENTS



This Community Health Improvement Plan (CHIP) was made possible thanks to the collaborative efforts of Butler County General Health District, City of Hamilton Health Department, and City of Middletown Health Department, community partners, local stakeholders, non-profit partners and community residents (listed below). Their contributions, expertise, time and resources played a critical part in the completion of this strategic plan.

## BUTLER COUNTY AND THE CITIES OF HAMILTON AND MIDDLETOWN HEALTH DEPARTMENTS WOULD LIKE TO RECOGNIZE THE FOLLOWING INDIVIDUALS AND ORGANIZATIONS FOR THEIR CONTRIBUTIONS TO THIS REPORT:

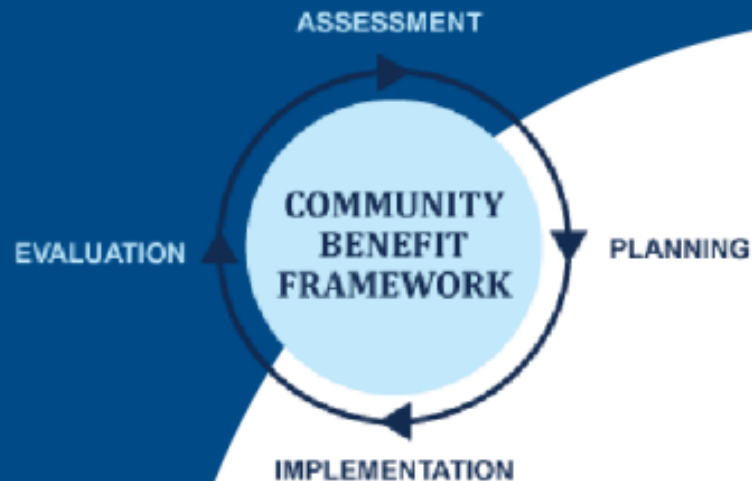
American Heart Association  
Badin High School  
Berkeley Square  
Bradford Place  
Butler County Board of Commissioners  
Butler County Board of Developmental Disabilities  
Butler County Educational Service Center  
Butler County Emergency Management Agency  
Butler County Medical Reserve Corps  
Butler County Mental Health and Addiction Recovery Services  
Butler County Regional Transit Authority  
Butler County Township Association  
Butler County United Way  
Caracole  
CareSource  
Centerhaven

Centerpoint Health  
Cincinnati Children's Hospital  
City of Hamilton  
City of Hamilton Fire Department  
City of Hamilton Police Department  
Community First Solutions  
Council on Aging of Southwestern Ohio  
DeCoach Rehabilitation Center  
Envision Partnerships  
Fairfield Township Fire Department  
Family & Children First Council  
Fort Hamilton Hospital  
Gateway Springs  
Hamilton City Schools  
Hamilton Community Foundation  
Interact for Health  
Kettering Health  
Miami University  
Middletown City Schools  
Middletown Connect  
Middletown Community Foundation

MidPointe Library System  
New Path  
Oxford Coalition  
Pause for Parents, Play for Kids  
Prevention First  
Partnership to Reduce Infant Mortality (PRIM)  
Premier Health/Atrium Hospital  
Primary Health Solutions  
Residence at Huntington Court  
Safety Council of Southern Ohio  
S.E.L.F.  
Serve City  
Sojourner Recovery  
Sonida Living  
Trenton Police Department  
University of Cincinnati Health West Chester Hospital  
West Chester Board of Trustees  
Westover  
Woodlands of Hamilton  
YWCA

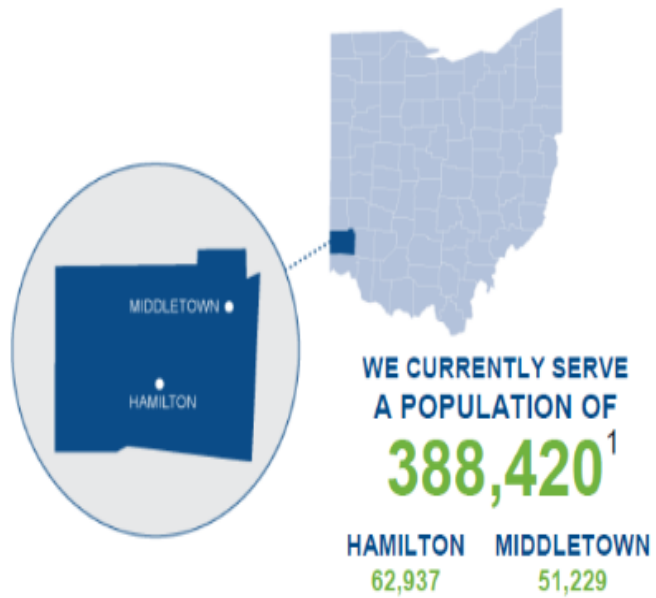


# WHAT IS A COMMUNITY HEALTH IMPROVEMENT PLAN (CHIP)?



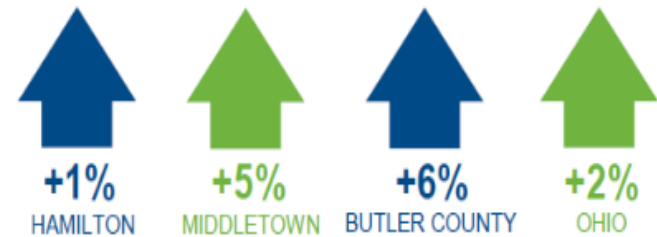
A **Community Health Improvement Plan (CHIP)** is part of a framework that is used to guide community benefit activities - policy, advocacy, and program-planning efforts. The CHIP is a county-wide collaborative health plan developed for Butler County and the cities of Hamilton and Middletown. Butler County General Health District, City of Hamilton Health Department, and City of Middletown Health Department are the lead agencies in coordinating and guiding this process. The plan is an effort to utilize existing resources and to develop new collaborations in order to improve the health of our residents.





THE POPULATION OF BUTLER COUNTY **INCREASED**  
AT A **FASTER RATE** THAN OHIO SINCE 2010<sup>1</sup>

**MIDDLETOWN'S POPULATION INCREASED BY 5% AND**  
**HAMILTON'S INCREASED BY 1% DURING THIS TIME PERIOD<sup>1</sup>**



## ADDRESSING THE HEALTH NEEDS

The 2023 Community Health Assessment (CHA) identified significant health needs from an extensive review of the primary and secondary data.



**The most important factors for a healthy community identified in the 2023 CHA Survey were:**

- #1 Access to health care
- #2 Low crime/safe neighborhoods
- #3 Affordable housing
- #4 Access to mental health and substance use treatment
- #5 Well-paying jobs
- #6 Access to food

# OUR NEXT STEPS

- Strategies
- Partners
- Outcomes
- Evaluation





# #1 PRIORITY AREA MENTAL HEALTH & ADDICTION

*Includes adverse childhood experiences (ACEs)*



# #2 PRIORITY AREA CHRONIC DISEASE

*Includes nutrition and physical health, overweight and obesity, and food security*



# #3 PRIORITY AREA MATERNAL & INFANT HEALTH



# #1

## PRIORITY AREA MENTAL HEALTH & ADDICTION

*Includes adverse childhood experiences (ACEs)*



**Priority Area Lead:** Rachel Canepa

**Email:** [rachel.canepa@bcohoio.gov](mailto:rachel.canepa@bcohoio.gov)

**Goal:** Improve mental health and reduce addiction through prevention, access, and community collaboration.

Key Strategies:

- **Expand Resource Access**
  - Multilingual support & caregiver tools
- **Promote Whole-Person Wellness**
  - Align programs with 8 Dimensions of Wellness
- **Strengthen County Collaboration**
  - Expand Prevention Coalition & unify strategies
- **Distribute Naloxone**
  - Vending machines & overdose prevention
- **Train on Trauma & ACEs**
  - Build a trauma-informed community
- **Educate Providers**
  - Share policy guidance to reduce substance misuse

**Priority Populations:** Parents, youth, caregivers, first responders, educators, underserved communities





## #2 PRIORITY AREA CHRONIC DISEASE

*Includes nutrition and physical health, overweight and obesity, and food security*



**Priority Area Lead:** Brittaney Gabbard

**Email:** [brittaney.gabbard@bcoho.gov](mailto:brittaney.gabbard@bcoho.gov)

**Goal:** Reduce chronic disease by improving nutrition, physical activity, and food security across Butler County.

**Key Strategies:**

- **Build Partnerships:** Establish a Chronic Disease Workgroup for collaboration across sectors.
- **Screen & Educate:** Offer community-based screenings for heart health and chronic conditions.
- **Empower Youth:** Improve youth health literacy through nutrition education and school outreach.
- **Promote Food Security:** Launch healthy food donation campaigns and improve access to nutritious foods.

**Focus Population:** Black and Hispanic residents, older adults, low-income individuals, children & youth, and other underserved groups.



# #3 PRIORITY AREA MATERNAL & INFANT HEALTH



**Goal:** Improve Maternal and Infant health In Butler County

Key Strategies:

- **Community Health Worker Expansion**
  - Place CHWs in agencies and maintain training for them
- **Maternal Health Education**
  - Education on urgent maternal health warning signs such as hypertension, reproductive health, oral health, and breastfeeding.
- **Doula Services and Collaboration**
  - Expand access to pre- and post- Doula services
- **Mama Certified Policy**
  - Introduce Mama Certified policy in Butler County Hospitals
- **Addressing Barriers**
  - Literary, language, access and transportation
- **Increasing Health Literacy**
  - Use plain language, professional interpreters, and tailored messaging

**Priority Populations:** all mothers/expectant mothers, with a specific focus on black mothers and those expecting.



You can read and view the Community Health Improvement Plan in full on our website!  
Just go to [cityofmiddletown.org/health](http://cityofmiddletown.org/health) and click the accreditation tab!

### Public Health Accreditation

The 2024-2026 Community Health Improvement Plan (CHIP) is now in full swing! Click image to open full plan.



Thank you for participating with the CHA! Click image to open full assessment..



Thank you for joining our CHA Focus Group! Click the image to open the Results Presentation.



The Community Health Improvement Plan (CHIP)! Here is a glance at our results across the county.



We would love your feedback!  
Email our Accreditation Coordinator to share your feedback at [nancy.mckillop@cityofmiddletown.org](mailto:nancy.mckillop@cityofmiddletown.org)

