

CITY OF MIDDLETOWN
BOARD OF HEALTH
Minutes
July 8, 2025

The City of Middletown Board of Health met in regular session at 7:30 AM on July 8, 2025.

Members Present

Mayor, Elizabeth Slamka
Ruth Lolli
Jeff Bonnell
Amy Sibcy
Tiffani Baggett
Dr. Scott Zollett, MD
Joseph Richmond, MBA
Emily Miller, BSN, RN

Health Department Staff Present

Jackie Phillips Carter, MPH, BSN, RN
Carla Ealy, BS, REHS
Dr. Paul Jennewine, MD
Chandra Corbin, BSN, RN
Amanda McDonald, Vital Statistics Registrar

Absent and Excused

None.

ROLL CALL

All board members were present.

CITIZEN COMMENTS

None.

APPROVAL OF MINUTES –June 2025

Motion: Ms. Lolli moved, seconded by Ms. Baggett to approve the June Board of Health minutes.

Roll call vote: Yes-7 (Lolli, Bonnell, Sibcy, Baggett, Zollett, Richmond, Miller). No-0. Motion Passed.

RECEIVE AND FILE FINANCIAL REPORT-June 2025

Ms. Phillips Carter informed the board that we are still waiting on the Public Health Emergency Preparedness grant, there has been a 28% reduction statewide in funds that will be received.

Motion: Mr. Richmond moved, seconded by Ms. Lolli to approve the June financial report.

Roll call vote: Yes-7 (Lolli, Bonnell, Sibcy, Baggett, Zollett, Richmond, Miller). No-0. Motion Passed.

EDUCATION PRESENTATION-Diabetes-Dr. Jennewine

Dr. Jennewine provided the board with a presentation on Diabetes Mellitus. Diabetes Mellitus is a metabolic disorder characterized by high blood sugar levels over a prolonged period of time. It was first described in Egyptian manuscripts around 1500BC. Indian physicians noted "honey urine," urine that attracted ants. Around 400BC Indian physicians noted that there were two types of "honey urine," found in young people and overweight people.

There are 463 million people with diabetes worldwide, 34 million just in the United States which breaks down to 1 in 10 adults. There is an additional 7.3 million that are undiagnosed. 1.5 million new cases are diagnosed annually in the United States.

Diabetes is diagnosed by laboratory blood testing through venous draw or finger stick. A fasting glucose of greater than 126, a glucose tolerance test of greater than 200 two hours after 75 grams of glucose, or an A1C greater than 6.5 are determinants of diabetes. Symptoms of diabetes include: frequent urination, increased thirst, increased hunger and often times can be asymptomatic.

Type I diabetes is the failure of the pancreas to produce enough insulin due to the loss of beta cells. Beta cell destruction is due to an autoimmune mechanism, the cause of the autoimmune response is not understood. Type I diabetes onset often occurs in childhood. Type II diabetes accounts for 90% of all cases. Type II diabetes is adult onset and begins with insulin resistance and may progress to a lack of insulin. The most common causes are excess body weight (in 85% of patients) and a lack of exercise. Gestational diabetes is found in pregnant women with no prior diagnosis of diabetes mellitus. Gestational diabetes resolves following delivery. However; women who experience gestational diabetes are at an increased risk of developing type II diabetes later in life.

Complications of diabetes include diabetic ketoacidosis. Diabetic ketoacidosis occurs when there is a lack of insulin. The body burns fatty acids instead of glucose and produces acidic ketone bodies. It is not unusual for diabetic ketoacidosis to be the first diagnosis of diabetes mellitus. Diabetic ketoacidosis can have a rapid onset-within hours to days-and cause seizures, coma and even death.

Hyperosmolar hyperglycemic state can also occur as a result of diabetes mellitus. Hyperosmolar hyperglycemic state occurs when there is very high blood sugar, high osmolarity in the blood without ketones, not enough insulin. Onset occurs within days to weeks and symptoms include: seizures, rhabdomyolysis and clotting issues.

Complications of diabetes mellitus includes damage to blood vessels which can cause myocardial infarctions and strokes, leading to death, disability and amputations. Blood vessel damage can also cause microvascular problems with eyes, kidneys and nerves leading to blindness, dialysis and diabetic neuropathy.

Treatment of type I diabetes includes insulin injections, nutrition and exercise. Treatment for type II diabetes includes early intervention such as: weight management, nutrition and exercise, as well as oral medications and insulin.

NEW BUSINESS

Travel Authorizations

None.

Review of Water Pollution Control Loan Fund Assistance Agreement

Ms. Ealy explained to the board that the loan fund agreement has been accepted by Ohio Environmental Protection Agency (OEPA). We can now begin accepting applications, however we cannot accept bids at this time because the funds have not yet been encumbered.

Review of Proposed Environmental Fees for 2025-2026

Ms. Ealy informed the Board that the proposed 2025–2026 environmental health fees, along with the current fee schedule, were included in the meeting packet. She explained that no increases were being recommended for food service, vending, public swimming pools, campgrounds, or body art facility fees, as those categories were adjusted last year, despite a program cost analysis indicating increased operational expenses.

However, an increase in private water and sewage fees is being recommended. The proposed adjustment reflects the need to cover costs associated with time spent in the program, required water sampling for private wells and the required 12-month inspection of newly installed septic systems. These fees have not been updated in several years. The recommendation for any fee adjustment is to recover some of the departments cost. We also aim in maintaining consistency with fees charged by surrounding health departments if possible. The Board members expressed agreement with the proposed fee changes.

Review of Vital Statistic Fees

Ms. Phillips Carter informed board members that vital statistic fees for all surrounding local health departments was included in the packet. Fees will not increase until next year, but with the drastic increase in the cost of security paper, most health departments are considering increasing fees for birth and death certificates. City of Middletown Health Department will want to stay in line with Butler County General Health District and Hamilton City Health Department.

2nd Quarter Report-2025

Included in the packet was the 2025 2nd Quarter Report as well as the 2024 2nd Quarter Report. Ms. Phillips Carter stated that both years appear consistent with one another.

REPORTS

Health Commissioner

Ms. Phillips Carter informed the board that a presentation was made to City Council regarding failing septic systems and the process to repair them. The presentation from that meeting is included in the packet.

Ms. Phillips Carter informed the board that she has a pay and benefits ordinance (PBO) meeting, and informed the board that the health department stays the same. The budget should be available soon.

Ms. Phillips Carter shared with the board that she and Communications Manager, Clayton Castle, won Middletown Rocks. This is an annual fundraising event hosted by the Community Building Institute (CBI). CBI is a non-profit organization that provides numerous outreach services to the Middletown community.

Medical Director

Dr. Jennewine reported the June communicable disease case numbers.

C. auris	1
COVID-19	17
CPO	1
Chlamydia infection	17
Coccidioidomycosis	1
Gonococcal Infection	5
Hepatitis B	3
Hepatitis C	3
Pertussis	2
Salmonellosis	2
Strep Pneumoniae- invasive	2
Syphilis	1
Varicella	2

Director of Nursing

Ms. Corbin informed the board that there was a hospitalization due to influenza at the end of June. There was an outbreak of campylobacter in Butler County related to unpasteurized dairy products.

Ms. Corbin informed the board that the health fair is fast approaching and vendors have already begun registering. Ms. Corbin stated that there will be blood sugar testing available, as well as a table with nutritional information and dental information.

Environmental Director

Ms. Ealy informed the board that two plans were received in June: Irie Smoothie and Sheetz. Two plans were approved: Endzone and YMCA Concessions. Primo restaurant is no longer in operation.

Ms. Ealy informed the board that the retail food establishments that closed to take care of an infestation has resolved the issue and is now reopened.

Ms. Ealy stated that CMHD has began septic inspections and will continue throughout the fall.

Ms. Ealy stated that CMHD investigated a cluster of gastrointestinal illnesses in June.

Board Member Open Discussion

Ms. Lolli informed the board that the next Walk With a Doc will be held July 19th and will focus on menopause.

ADJOURNMENT

The meeting was adjourned at 8:28AM. The next meeting will be held on August 12, 2025 at 7:30AM in Conference Room 2C.


Jacquelyn D. Phillips Carter MPH, BSN, RN
Secretary


Elizabeth Slamka, President
City of Middletown Board of Health