

CITY OF MIDDLETOWN  
BOARD OF HEALTH  
Minutes  
May 10, 2022

The City of Middletown Board of Health met in regular session at 7:30 AM on May 10, 2022.

Members Present

Mayor Nicole Condrey, BS, President  
Jeff Bonnell  
Margie Davis, RN  
Sally Kash, MS, RN  
Charlene Kurtz, BSN, RN  
Dr. Ken Patrick, DVM  
David Schul, Vice President

Health Department Staff Present

Jackie Phillips Carter, MPH, BSN, RN  
Carla Ealy, BS, REHS  
Chandra Corbin, BSN, RN  
Dr. Paul Jennewine, MD  
Amanda McDonald

Absent and Excused

Charlene Kurtz, BSN, RN

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ROLL CALL

Motion: Dr. Patrick moved, seconded by Ms. Davis to excuse Ms. Kurtz.

Roll call vote: Yes-5 (Bonnell, Davis, Kurtz, Patrick, Schul). No-0. Motion Passed.

CITIZEN COMMENTS

None.

APPROVAL OF MINUTES- April 2022

Motion: Mr. Schul moved, seconded by Ms. Davis to approve the April 2022 Board of Health Meeting Minutes.

Roll call vote: Yes-5 (Bonnell, Davis, Kurtz, Patrick, Schul). No-0. Motion Passed.

RECEIVE AND FILE FINANCIAL REPORT-April 2022

Ms. Phillips Carter informed the board that environmental fees were cut drastically due to COVID, Ohio Department of Health has reimbursed local health departments a percentage of the lost fees. City of Middletown Health Department received \$56,000 which was deposited into our reimbursement line item.

Motion: Mr. Schul moved, seconded by Dr. Patrick to receive and file the April 2022 Financial Report.

Roll call vote: Yes-5 (Bonnell, Davis, Kurtz, Patrick, Schul). No-0. Motion Passed.

Ms. Kash arrived at 7:39 AM.

Education Presentation- Post Traumatic Stress Disorder (PTSD)

Dr. Jennewine provided the board with a presentation explaining Post Traumatic Stress Disorder (PTSD). PTSD is a mental health condition that is triggered by a terrifying event. Most people who go through a traumatic event may have temporary difficulty adjusting and coping, but usually get better with time and good self-care. If symptoms persist or get worse over months or years and interfere with day to day functions, then it is considered PTSD.

There are written sources describing aspects of PTSD in middle eastern soldiers as far back as 1300BC. The classic symptom constellation is described in Shakespeare's Henry IV which was written in 1597. In 1952 PTSD was described in the DSM-1 as "Gross Stress Disorder." In 1980 the DSM-III first used the term "PTSD" to describe experiences and conditions of US military veterans of the Vietnam War. PTSD was known as shell shock, battle fatigue, combat stress reaction and soldier's heart.

Symptoms of PTSD include: flashbacks, anxiety/depression, insomnia, self-destructive behavior, irritability, nightmares, uncontrollable thoughts about the event, severe emotional distress or physical reactions to triggers about the event and aggressive behavior.

To diagnose an individual with PTSD, one of each of the following must be experienced for at least one month: re-experiencing symptoms (flashbacks, bad dreams, frightening thoughts); avoidance (staying away from places/events that are reminders); insomnia, easily startled, "on edge," or anger outbursts; memory issues, negative thoughts of the world or self, unjust feelings or guilt; loss of interest in enjoyable activities.

Kids with PTSD may suffer different signs and symptoms such as: bed wetting after being potty trained, being unable to talk, acting out the scary event during playtime and being unusually clingy with parents or other adults.

Risk factors for developing PTSD include: experiencing intense, or long lasting, trauma; having a job with increased exposure to traumatic events (such as first responders and military); prior mental illness, or a family history of mental illness; having a history of substance misuse and lacking a good support system. Types of trauma that can lead to PTSD include: combat exposure, childhood abuse, sexual violence, physical assault, being threatened with a weapon, accidents and natural disasters.

Complications include an increased risk for other mental health problems such as: depression/anxiety, drug/alcohol abuse, eating disorders and suicidal thoughts and actions.

Prevention and treatment for PTSD include getting timely help and support from friends and family or a mental health professional and antidepressants. The military has instituted programs to help combat veterans re-adjust to civilian life. Seven to eight percent of society will experience PTSD at some point in their life. Females are more likely to suffer PTSD than males. PTSD is more likely in people experiencing interpersonal violence than someone who experiences non-assault-based trauma.

#### Medical Director

Dr. Jennewine presented the board with April communicable disease numbers directly after the education presentation.

Chlamydia infection	42
COVID-19	79
Giardiasis	1
Gonococcal infection	25
Hepatitis A	1
Hepatitis B	3
Hepatitis C	10
HIV	1
Influenza-associated hospitalization	3
Legionellosis	1
Streptococcus pneumoniae	1
Syphilis	1
Varicella	1

### Executive Session-Personnel Discussion

Personnel discussion is under the authority of O.R.C. 121.22 (G)(1) to consider the appointment, employment dismissal, discipline, promotion, demotion, or compensation of a public employee or official.

**Motion:** Dr. Patrick moved, seconded by Ms. Davis to move into executive session at 7:54 AM.

**Roll call vote:** Yes-6 (Bonnell, Davis, Kash, Kurtz, Patrick, Schul). No-0. Motion Passed.

### Regular Session Resumed

**Motion:** Mr. Schul moved, seconded by Ms. Kash to return to regular session at 8:18 AM.

**Roll call vote:** Yes-6 (Bonnell, Davis, Kash, Kurtz, Patrick, Schul). No-0. Motion Passed.

### OLD BUSINESS

#### COVID

Ms. Phillips Carter informed the board that we continue to see the number of COVID cases rise with the new variant BA2.12.

#### PHAB

Ms. Phillips Carter informed the board that the health department is holding PHAB meetings bimonthly and will be resubmitting to PHAB in August 2022.

#### Indigent Services

Ms. Phillips Carter informed the board that she had forwarded the information Mr. Bonnell presented regarding indigent services to the law department. After review, the law department determined that the City of Middletown should not be asking about assets (property owned, cars) of the decedent. If the decedent does own property, litigation can be filed against the estate.

Ms. Phillips Carter stated that indigent expenses do not come out of the health department budget, but instead out of the city's budget. The city has sole responsibility over this program. The city has requested a request for proposal (RFP) that will lead to a contract(s) with funeral homes for indigent services. The health department will meet and discuss any and all changes with the local funeral homes.

#### Discussion

Mayor Condrey asked if that adequately addressed the questions presented by Mr. Bonnell at the April board of health meeting.

Mr. Bonnell stated that it did not. Mr. Bonnell inquired if the applicants were to be as closely scrutinized as the decedents. Mr. Bonnell asked for clarification-does the applicant have to be indigent as well as the decedent.

Ms. Phillips Carter stated per the law department and as stated on the indigent application, both the decedent and applicant must be at or below 150% poverty guideline to be considered for indigent services. Assets of either party cannot be taken into consideration.

Ms. Phillips Carter invited Ms. Brown(Deputy Vital Statistic Registrar that administers the indigent services program) to join the board of health meeting and to explain the indigent application process in more detail.

Mr. Bonnell asked if the health department verifies that social workers applying for indigent services for a client are indigent.

Ms. Brown stated that the health department does not require a social worker to be indigent to complete an application for a client. Social workers can assist families with the process, but a social worker has never claimed the body of a decedent during Ms. Brown's tenure.

Mr. Bonnell stated that he would like to hear from the law department why the applicant would have to be indigent.

Mr. Bonnell added that it is a state law that grave markers be provided to indigent burials.

Ms. Phillips Carter stated that it was her understanding that Woodside Cemetery does provide grave markers.

Mr. Bonnell stated that he would like to talk to the legal department directly.

Mayor Condrey stated that she would be happy to welcome the law department to the next board of health meeting.

Mayor Condrey asked Mr. Bonnell to send specific questions to the law department before the next board of health meeting.

#### OneOhio

Ms. Phillips Carter informed the board that Judge Campbell has been nominated to represent our region (14 )at the state level for OneOhio. Per mayor's request, more information will be put in the June BOH packet regarding OneOhio.

#### NEW BUSINESS

##### Travel Authorizations

Ms. Phillips Carter and Ms. Corbin requested authorization to attend the AOHC Spring Conference in Columbus, Ohio May 23-25, 2022.

##### Discussion

Mr. Bonnell asked why Ms. Phillips Carter was receiving \$128 for meals.

Ms. Phillips Carter stated that meal reimbursement was based on per diem.

Mr. Bonnell stated that the agenda for the conference listed the first day as beginning at 4:30 PM with hors d'oeuvres served at dinner time and continental breakfasts and lunches provided the following two days. Mr. Bonnell stated that all but one meal would be covered by the conference.

Ms. Phillips Carter stated that she would check with Ms. McKillop about the per diem for meals. Ms. Phillips Carter stated that she would remove meal compensation completely from the travel request as to get it approved at this meeting.

Mayor Condrey asked to see a chart for per diems.

Ms. Lolli stated that she would like a better understanding of how the per diem is calculated, but would like to approve this travel request as is.

**Motion:** Ms. Lolli moved, seconded by Ms. Davis to approve the travel authorization.

**Roll call vote:** Yes-5 (Davis, Lolli, Kash, Patrick, Schul). No-1 (Bonnell). Motion Passed.

#### Approval of Personnel Appointment-Sarah Chaney

Ms. Phillips Carter stated the finance department had recommended that the health department hire Ms. Chaney as a full time Environmental Health Specialist In Training as opposed to being a contracted employee. Ms. Chaney will begin work on June 6, 2022. She will be graduating with her Bachelor's degree in science and must work with a health department for one-two years before she can become registered.

**Motion:** Ms. Kash moved, seconded by Ms. Lolli approve the personnel appointment of Ms. Chaney.

**Roll call vote:** Yes-6 (Bonnell, Davis, Kash, Kurtz, Patrick, Schul). No-0. Motion Passed.

#### County Health Rankings/Social Vulnerability Index (SVI)

Ms. Phillips stated that the latest county health rankings and SVI information was included in the board of health packet.

#### REPORTS

##### Health Commissioner

Ms. Phillips Carter stated that she and Ms. Kash had met with a concerned citizen to discuss mental health processes, policies and challenges in the community. Ms. Phillips Carter contacted Healthy Coalition regarding setting up a mental health action circle.

Ms. Phillips Carter informed the board that a social worker had called in and given kudos to Ms. McDonald for developing a process to make obtaining birth certificates easier for Spanish speaking clients.

Ms. Phillips Carter stated that board of health meetings will start being recorded in June.

#### Director of Nursing

Ms. Corbin reported to the board that there were 71 COVID vaccines given by CMHD in April. There were 83 cases of COVID reported in Middletown residents in April. Ms. Corbin stated that it looks like there will be an increase in cases of COVID in May, with 43 cases having been reported by May 10<sup>th</sup>.

Ms. Corbin informed the board that flu season seems to be lasting longer than normal this year. Flu cases are only reported to the health department if they are hospitalized.

#### Environmental Director

Ms. Ealy informed the board that Central Connections will be holding a flea market every Friday from 10am-3pm.

Ms. Ealy informed the board that City of Middletown general counsel has asked the health department to re-evaluate the reason that six homes have not yet connected to sanitary sewer.

Ms. Ealy stated that a pickle ball tournament will be held at Lefferson park the weekend of May 14<sup>th</sup>, there will be mobile food trucks at this event. The Mother's Day Car show was held the first weekend in May with one licensed temporary food vendor at the event.

Ms. Ealy informed the board that CMHD has received payment for all but one pool license renewal.

#### ADJOURNMENT

The meeting was adjourned at 9:49 AM. The next meeting will be held on June 14, 2022 at 7:30 AM.



Jacquelyn D. Phillips Carter, MPH, BSN, RN  
Secretary



Nicole Condrey, President  
City of Middletown Board of Health