

CITY OF MIDDLETOWN  
BOARD OF HEALTH  
Minutes  
March 8, 2022

The City of Middletown Board of Health met in regular session at 7:30 AM on March 8, 2022.

Members Present

Mayor Nicole Condrey, BS, President  
Jeff Bonnell  
Margie Davis, RN  
Sally Kash, MS, RN  
Charlene Kurtz, BSN, RN  
Ruth Lolli  
David Schul, Vice President

Health Department Staff Present

Jackie Phillips Carter, MPH, BSN, RN  
Carla Ealy, REHS  
Chandra Corbin, BSN, RN  
Dr. Paul Jennewine, MD  
Amanda McDonald

Absent and Excused

Dr. Ken Patrick, DVM

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ROLL CALL

**Motion:** Ms. Kash moved, seconded by Mr. Schul to excuse Dr. Patrick.

**Roll call vote:** Yes-6 (Bonnell, Davis, Kash, Kurtz, Lolli, Schul). No-0. **Motion Passed.**

CITIZEN COMMENTS

None.

APPROVAL OF MINUTES-February 2022

Mayor Condrey explained that there was a sentence in the minutes that lacked clarity and was prefaced at the last board meeting as having nothing to do with the board of health. Mayor Condrey requested that the sentence be stricken from the record.

**Motion:** Ms. Schul moved, seconded by Ms. Lolli to approve the February 2022 Board of Health Meeting Minutes.

**Roll call vote:** Yes-6 (Bonnell, Davis, Kash, Kurtz, Lolli, Schul). No-0. **Motion Passed.**

RECEIVE AND FILE FINANCIAL REPORT-February 2022

**Motion:** Ms. Kurtz moved, seconded by Ms. Kash to receive and file the February 2022 Financial Report.

**Roll call vote:** Yes-6 (Bonnell, Davis, Kash, Kurtz, Lolli, Schul). No-0. **Motion Passed.**

EDUCATION PRESENTATION-Hypertension

Dr. Jennewine explained to the board that hypertension (high blood pressure) is a common condition in which the long-term force of blood against artery walls is high enough to cause damage. Systolic refers to the top number in blood pressure and is the pressure in arteries when the heart is pumping/contracting. Diastolic is the bottom number and is the pressure in arteries when the heart is relaxing.

Hypertension is determined by the amount of blood the heart pumps and the amount of resistance to blood flow in the arteries. An ideal blood pressure reading is 120/80 or below, Stage 1 hypertension is a reading of 130-139/80-89, Stage 2 Hypertension is a reading of 140/90 or above.

Hypertension is usually asymptomatic though rarely it can cause headaches, shortness of breath, nose bleeds and chest pain. Patients should be screened for hypertension at a minimum of every two years, preferably every year with wellness checks.

There are two types of hypertension. Primary (Essential) Hypertension has no identifiable cause and develops gradually over many years. Secondary Hypertension is caused by an underlying medical condition such as: kidney disease, congenital defects or drugs. Risk factors include: age (risk of hypertension increases with age), sex (males are more likely to develop hypertension than females), race (African heritage has a higher risk of developing hypertension at a younger age), family history, weight, sedentary lifestyle, tobacco use and sodium intake. Complications caused by hypertension include: aneurysm, heart failure, kidney disease, vascular dementia and atherosclerosis (plaque formation in the arteries). Treatment for essential hypertension include medications and lifestyle modifications such as: weight loss, exercise, low sodium diets, smoking cessation and alcohol cessation. Treatment for secondary hypertension include treating the underlying condition and medications.

Forty-seven percent of all adults in the United States are estimated to have hypertension, that equates to 116 million people. Only one in four adults with hypertension have their blood pressure controlled, leaving eighty-seven million adults in the United States with uncontrolled hypertension. In 2019, hypertension was a contributing or direct cause of death for over 500,000 Americans.

#### OLD BUSINESS

##### COVID

Ms. Phillips Carter reported that the number of COVID cases are consistently decreasing and we are moving into the recovery phase. Ms. Phillips Carter explained that the recovery phase will focus on mental health.

##### PHAB

Ms. Phillips Carter informed the board that CMHD will be meeting bimonthly to work on PHAB documentation.

#### NEW BUSINESS

##### Travel Authorizations

None.

##### COVID Vaccine Grant

Ms. Phillips Carter explained that the COVID grant is meant to continue outreach efforts for any communities that were underserved during the COVID crisis.

**Motion:** Ms. Kash moved, seconded by Ms. Kurtz to approve the COVID Vaccine Grant.

**Roll call vote:** Yes-6 (Bonnell, Davis, Kash, Kurtz, Lolli, Schul). No-0. **Motion Passed.**

##### Public Health Week

Ms. Phillips Carter informed the board of health that Public Health Week will be observed April 4-10, 2022. Public Health Week 2022 will focus on the following topics: racism: a public health crisis, public health workforce: essential to our future, community: collaboration and resilience, world health day: health is a human right, accessibility: closing the health equity gap, climate change: taking action for equity and mental wellness: redefining the meaning of health.

#### REPORTS

##### Health Commissioner

Ms. Phillips Carter informed the board that Butler county has seen an increase in the rate of suicides, including suicides among minors. Ms. Phillips Carter stressed that suicide prevention and all aspects of mental health is a priority that needs to be addressed.



Ms. Phillips Carter informed the board that HIV infection rates continue to increase and are higher than they have been in the last two years.

#### Medical Director

Dr. Jennewine presented the board with the February 2022 communicable disease numbers.

Campylobacteriosis	3
Chlamydia infection	26
COVID-19	365
Gonococcal infection	10
Hepatitis B	1
Hepatitis C	5
HIV	1
Influenza-associated hospitalization	1
Streptococcus pneumoniae	1

#### Director of Nursing

Ms. Corbin reported to the board that the number of COVID cases continues to decrease. In January there were over 3,000 cases reported in Middletown, in February there were 356 cases reported and so far in March there have been 23 cases reported. Ms. Corbin stated that as the number of COVID infections decrease, so does the number of COVID vaccinations being requested. In January there were 289 vaccines administered by CMHD, in February there were only 49 vaccines administered. CMHD continues to hold vaccine clinics the first and third Thursday of each month from 12:00 pm-1:00 pm. CMHD assisted Cleveland Cliffs in administering booster shots to their employees March 7, 2022.

#### Discussions

Mayor Condrey informed the board that she had received an email from a citizen regarding concerns of high levels of fluoride in city water possibly causing brain damage.

Dr. Jennewine replied that while anything in enough volume can be harmful, the amount of fluoride in water is typically minimal.

Ms. Phillips Carter stated that fluoride levels are monitored by the City of Middletown Water Treatment Plant.

Ms. Corbin stated that an annual water report is available from Public Works and will be provided at the next BOH meeting.

#### Environmental Director

Ms. Ealy informed the board that 2021 food inspections have been completed. CMHD is still collecting applications and license payments for 2022, late fees began being charged after March 1, 2022.

Plans were received and approved for Cracked Pot Coffee & Crepes.

Ms. Ealy informed the board that five-year septic inspections continue to be conducted, with only three streets left to inspect.

Ms. Ealy informed the board that the 2021 Annual Animal Bite Report was included in the packet.

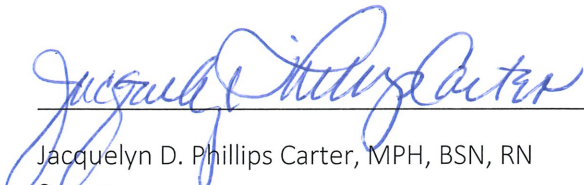
Ms. Ealy informed the board that CMHD received a complaint from a long-term care facility resident. The complaint was forwarded to Ohio Department of Health. Ms. Ealy stated that we continue to see staff shortages both in restaurants and long-term care facilities.

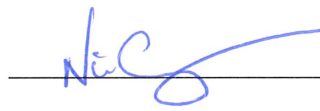
Discussions

Ms. Phillips Carter informed the board that the city will be addressing the unhoused at the Towne Hall Meeting held on March 24, 2022.

ADJOURNMENT

The meeting was adjourned at 8:38 AM. The next meeting will be held on April 12, 2022 at 7:30 AM.

  
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Jacquelyn D. Phillips Carter, MPH, BSN, RN  
Secretary

  
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Nicole Condrey, President  
City of Middletown Board of Health