

CITY OF MIDDLETOWN
BOARD OF HEALTH
Minutes
February 8, 2022

The City of Middletown Board of Health met in regular session at 7:30 AM on February 8, 2022.

Members Present

Mayor Nicole Condrey, BS, President
Jeff Bonnell
Margie Davis, RN
Sally Kash, MS, RN
Charlene Kurtz, BSN, RN
Ruth Lolli
David Schul, Vice President
Dr. Ken Patrick, DVM

Health Department Staff Present

Jackie Phillips Carter, MPH, BSN, RN
Carla Ealy, REHS
Chandra Corbin, BSN, RN
Dr. Paul Jennewine, MD
Amanda McDonald

Absent and Excused

None.

ROLL CALL

All board members were present.

CITIZEN COMMENTS

None.

APPROVAL OF MINUTES-January 2022

Motion: Mr. Schul moved, seconded by Ms. Lolli to approve the January 2022 Board of Health Meeting Minutes.

Roll call vote: Yes 7- (Bonnell, Davis, Kash, Kurtz, Patrick, Lolli, Schul). No-0. **Motion Passed.**

RECEIVE AND FILE FINANCIAL REPORT-January 2022

Motion: Dr. Patrick moved, seconded by Ms. Davis to receive and file the January 2022 Financial Report.

Roll call vote: Yes 7- (Bonnell, Davis, Kash, Kurtz, Patrick, Lolli, Schul). No-0. **Motion Passed.**

EDUCATION PRESENTATION-Lipids

In light of February being heart health month, Dr. Jennewine provided the board with an education presentation on lipids. Dyslipidemia is an abnormal amount of lipids in the blood. Although dyslipidemia is most often caused by diet and lifestyle, it can also be caused by genetic factors. Primary dyslipidemia is caused by genetic factors and can lead to a higher risk for cardiovascular complications. Secondary dyslipidemia is typically caused by modifiable environmental or lifestyle factors such as: sedentary lifestyle, high carbs or saturated fat diets and disease processes.

There are different types of dyslipidemia, the first is hypertriglyceridemia and involves elevated levels of triglycerides. Hypertriglyceridemia is carbohydrate driven and severe elevation can lead to pancreatitis. The second type of dyslipidemia is hyperlipoproteinemia and involves high density lipoprotein (HDL) which protects against plaque formation or low-density lipoprotein (LDL) which binds to the endothelium of blood vessels and causes plaque formation.

Screening for dyslipidemia begins at age 20 and is performed every five years thereafter. Screening is performed by blood tests involving a CLIA waived finger prick test. The screening looks for total cholesterol, triglycerides, HDL and LDL (typically a calculation).

The implications of dyslipidemia involve being major risk factors for atherosclerotic cardiovascular disease. LDL can be deposited under the endothelial lining of arteries, a build up of LDL leads to plaque, increasing plaque size increases the instability of endothelial lining, the rupture of endothelial lining results in an acute event.

Treatment options include lifestyle modification and medications. Statins are the treatment of choice for LDL reduction and can result in an up to 60% reduction in LDL and reduce the risk of a second cardiovascular event by up to 50%. PCSK9 inhibitors are used in statin intolerant patients and are injectables used once every 2-4 weeks. PCSK9 inhibitors are very expensive. Ezetimibe is a medication that is rarely used alone and is instead used if maximum statin therapy is not at goal.

OLD BUSINESS

COVID

Ms. Phillips Carter reported that the number of COVID cases are steadily and drastically decreasing. January yielded an extreme number of cases, and unfortunately our cases still remain high. Ms. Phillips Carter states that we should still be careful. As COVID-19 becomes endemic we will need to learn to live with it. She encourages individuals to keep informed of the level of virus in their community, assess their personal health risk and behave accordingly.

Ms. Phillips Carter reported that she had spoken with Lori Criss, Director of Ohio Mental Health and Addiction Services (OMAS), concerning the mental health of a community as we recover from this pandemic. We all have experienced "loss" and with loss comes the grieving process. Concern if we are taking the steps to adequately prepare our residents in how to address this stage. We are moving toward more mental health messages. Ms. Phillips Carter states that trauma is what happens, grief is what follows. As we move forward, we must be mindful that along with a traumatic event you will predictably see an increase in abuse; alcohol use, drug abuse, suicide and violence etc.

PHAB

Ms. Phillips Carter informed the board that CMHD continues to work on PHAB documentation.

Tobacco 21

Ms. Phillips Carter informed the board of health that Hamilton City Health Department will most likely begin licensing facilities that sell tobacco in January 2023. Hamilton City sent CMHD copies of their draft ordinances which were included in the board of health (BOH) packet. Ms. Ealy states that the Tobacco 21 legislative checklist was also included in the BOH packet.

Discussions

Ms. Phillips Carter stated that CMHD will keep our tobacco fees in line with surrounding health departments.

Ms. Phillips Carter stated that the coalition would be conducting inspections.

Ms. Lolli asked if this included establishments selling vapes and vape juices.

Ms. Phillips Carter stated yes.

Mayor Condrey asked if anyone on the board had any opposition to moving forward with Tobacco 21. Board members were in unanimous approval of moving forward.

NEW BUSINESS

Travel Authorizations

None.

Annual Report

Ms. Phillips Carter stated that the 2021 Annual Report was included in the BOH packet. Ohio Department of Health requires that the annual report is turned in by January 15th each year. The report includes statistics for the department from the previous year.

REPORTS

Health Commissioner

Ms. Phillips Carter informed the board that ODH provided a grief presentation and training and that all CMHD staff members have attended.

Ms. Phillips Carter will be providing four presentations throughout the month of February and March to Kiwanis, NAACP, Rotary Club and Philanthropic Educational Organization (PEO).

Ms. Phillips Carter informed the board that Middletown United Way has merged with Butler County United Way. Larry Mulligan is on the United Way board. The City of Middletown is still trying to find the contact person.

Mayor Condrey inquired where the funds from the donations are currently being held if the donations have not already been given to United Way. Ms. Phillips Carter stated that is a question for finance department.

Ms. Phillips Carter informed the board that a local funeral director had recently called with questions concerning the indigent cremation program. Specifically, inquiring about the city's requirement that the applicant as well as the decedent must be indigent before the city will pay for cremation. Ms. Phillips Carter spoke with the city's attorney who stated that as soon as a body is claimed by a non-indigent person, the city is no longer required to be financially responsible for that cremation. Ms. Phillips Carter stated that if all information has been provided to them, the state will provide reimbursement while funding last and it takes approximately six months.

Ms. Phillips Carter informed the board that CMHD will be assisting Cleveland Cliffs with providing their employees with booster shots on March 7, 2022.

Medical Director

Dr. Jennewine informed the board that the number of new cases of HIV being reported appears to be slowing down.

Dr. Jennewine presented the board with the January 2022 communicable disease numbers.

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| Chlamydia infection | 26 |
| COVID-19 | 3057 |
| Gonococcal infection | 12 |
| Hepatitis B | 2 |
| Hepatitis C | 10 |
| HIV | 1 |
| Syphilis | 1 |
| Varicella | 1 |

Director of Nursing

Ms. Corbin informed the board that since March of 2020, there have been 11,947 cases of COVID among Middletown residents, 3,057 cases were reported in January 2022. Year-to-date, there have been 10,792 vaccines given by CMHD.

Ms. Corbin informed the board that Pfizer is on track to be approved for children ages six months and older.

Deaths related to COVID continue to be primarily seen among the unvaccinated or individuals that were vaccinated longer than a year ago without receiving the booster dose.

Ms. Corbin informed the board that CMHD will decrease vaccine clinics from four times a month to two times a month. Managed Care will no longer be attending CMHD clinics, but will still be offering incentives via their website.

Discussions

Dr. Patrick asked if there were any new recommendations regarding booster doses.

Ms. Corbin stated that there has been talk about immunocompromised individuals receiving an additional (fourth) dose six months after receiving their booster shot.

Dr. Jennewine stated that right now making sure everyone has three doses (booster included) is key.

Ms. Corbin stated that we have changed the way we are managing COVID cases. We have gone from universal tracing to outbreak tracing.

Environmental Director

Ms. Ealy informed the board that Ohio Department of Agriculture is at CMHD this week (February 7-11, 2022) conducting its Retail food Establishment (RFE) survey. The administration portion of the survey was completed on Monday (February 7, 2022). The surveyor will evaluate Ms. Mourer and Ms. Ealy while conducting RFE inspections.

Ms. Ealy informed the board that Hector's Taco Shop located on Central Avenue is now open.

Ms. Ealy informed the board that air quality reports for Middletown and Southwest Ohio are included in the BOH packet.

Dr. Patrick asked if EPA is in charge of air quality.

Ms. Ealy explained that they are, but have contracted it to Hamilton county Environmental Services.

Ms. Ealy informed the board that Riverside Village has been sold. We are currently waiting for them to apply for the RV campground license. The RV campground is located within the park.

Ms. Ealy explained that the fiscal year for food licenses ends in February, CMHD is currently collecting license renewal applications and license fees.

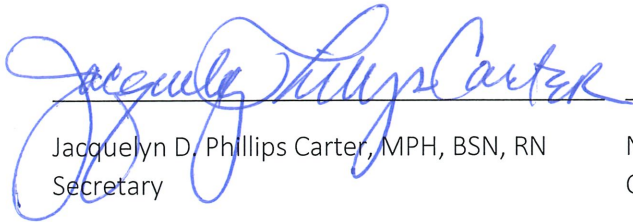
Discussions

Mayor Condrey followed-up with a question regarding an email previously sent to Ms. Phillips Carter referencing ORC 3717.111. Mayor Condrey questioned whether the Board of Health (BOH) had ever legally withdrawn as the licensor of retail food establishments and food service operations. Ms. Ealy replied that this section of ORC is referring to the BOH serving as licensor for health districts. If a BOH decides that they no longer want to issue licenses and permits they can withdraw from acting as the licensor. Mayor Condrey stated that the ORC reads BOH not health department and wanted to know the difference. Ms. Phillips Carter stated that BOH and health department are one in the same. Mayor Condrey asked why Mz. Jade's did not have to get a new license to operate but Hector's Tacos had to pay for a plan review and a license fee. Ms. Phillips Carter stated Mz. Jade's is operating under the current owner's license; the license holder is allowing her to operate under the current license. Mayor Condrey asked if this was still permissible even with a dramatic menu change and if Mz. Jade's menu was reviewed. Ms. Ealy stated that an inspection was conducted and menu reviewed prior to her operating. Ms. Ealy explained that the health department conducts inspections and reviews the facility menu when there is an operational change to ensure that the facility can operate according to the food service guidelines. Ms. Ealy stated that Hector's is a new facility with a change of menu which required a plan review and new license. Ms. Ealy stated that the license holder can permit these changes and allow anyone they choose to work under their license. Ms. Ealy stated that the health department licenses the facility not the license holder.

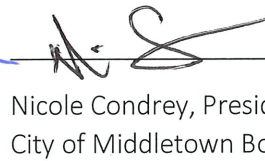
Mayor Condrey stated that the BOH has not been approving or denying any licenses at our meetings and requested clarification on what issues are brought to the BOH for approval. Ms. Phillips Carter stated the health department operates under the authority of the BOH and all health department activities are performed on their behalf. Ms. Phillips Carter stated that state mandated programming such as licensing food establishments, pools, tattoo shops, septic businesses, etc., are performed within the health department given authority; however, contracts and agreements must be brought to the BOH for approval.

ADJOURNMENT

The meeting was adjourned at 9:02 AM. The next meeting will be held on March 8, 2022 at 7:30 AM.



Jacquelyn D. Phillips Carter, MPH, BSN, RN
Secretary



Nicole Condrey, President
City of Middletown Board of Health