

**CITY OF MIDDLETOWN**

**BOARD OF HEALTH**

**Minutes**

**May 9, 2023**

The City of Middletown Board of Health met in regular session at 7:30 AM on May 9, 2023.

**Members Present**

Mayor, Nicole Condrey, BS, President  
Jeff Bonnell  
Sally Kash, MS, RN  
Ruth Lolli  
Joseph Richmond  
Amy Sibcy  
Dr. Scott Zollett, MD

**Health Department Staff Present**

Jackie Phillips Carter, MPH, BSN, RN  
Carla Ealy, BS, REHS  
Chandra Corbin, BSN, RN  
Dr. Paul Jennewine, MD  
Amanda McDonald, Vital Statistics Registrar  
Olivia Hall, Emergency Preparedness Coordinator

**Absent**

None.

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**ROLL CALL**

All board members were present.

**CITIZEN COMMENTS**

None.

**APPROVAL OF MINUTES- April 2023**

Ms. Corbin was incorrectly listed twice under "Health Department Staff Present."

**Motion:** Ms. Lolli moved, seconded by Ms. Sibcy to approve the April 2023 Board of Health meeting minutes with correction made to staff present.

**Roll call vote:** Yes-6 (Bonnell, Kash, Lolli, Richmond, Sibcy, Zollett). No-0. **Motion Passed.**

**RECEIVE AND FILE FINANCIAL REPORT-April 2023**

**Motion:** Mr. Richmond moved, seconded by Ms. Lolli to receive and file the April 2023 Financial Report.

**Roll call vote:** Yes-6 (Bonnell, Kash, Lolli, Richmond, Sibcy, Zollett). No-0. **Motion Passed.**

**Education Presentation- Prostate Cancer-Dr. Jennewine**

Dr. Jennewine provided the board with an overview of prostate cancer. The prostate is a part of the male reproductive system. The prostate helps in the manufacturing and storage of semen. Prostate cancer is the second most common cancer worldwide. It is the fifth leading cause of cancer death among men. Most cases of prostate cancer are adenocarcinomas developing directly from the prostate cells. There are roughly 288,000 new cases and 35,000 deaths annually due to prostate cancer.

Dr. Jennewine explained that risk factors for developing prostate cancer include: age, family history (doubles the risk), African ancestry and obesity (34% increase in death). Screening and diagnosis for prostate cancer include: Digital Rectal Exams (DRE), a laboratory test that measures the amount of prostate-specific antigen (PSA) found in the blood and magnetic resonance imaging (MRI). Treatment of prostate cancer includes surveillance and active treatment. There are

non-surgical active treatments such as hormonal therapy, radiation and chemotherapy as well as surgical treatment such as a radical prostatectomy.

Prognosis of prostate cancer depends on many factors. If the cancer is found while it is still localized or regional, the five-year survival rate is greater than 99%. If the prostate cancer has already spread distant by the time of diagnosis, the five-year survival rate drops to 32%.

#### Discussion

Mayor Condrey asked for Dr. Jennewine to elaborate on the definition of "five-year survival rate."

Dr. Jennewine explained that it is the percentage of patients that live at least five years after their diagnosis.

Mayor Condrey inquired about the overall mortality rate of prostate cancer.

Dr. Jennewine stated that while there is not a definite answer to that question, there are multiple studies showing that 30-60% of men that die of other causes, also have prostate cancer.

#### OLD BUSINESS

##### **PHAB**

Ms. Phillips Carter informed the board that a Community Health Assessment (CHA) meeting will be held Wednesday, May 10<sup>th</sup> and the survey results will be shared.

##### **Tobacco 21 (T21)**

Ms. Phillips Carter reminded the board that the BOH passed an ordinance last year that allows the health department to begin issuing tobacco retail licenses beginning January 2024. Ms. Phillips Carter informed the board that Envision Partnerships would be willing to speak to the BOH or City Council at any point. Ms. Phillips Carter informed the board that amendments can be made to the ordinance at any time.

##### **Discussions**

Mayor Condrey stated that she would like a presentation to the city council focused on youth and tobacco use, especially on youth and vaping. Mayor Condrey stated that city council is concerned about the effects T21 will have on the vitality of Middletown businesses.

Ms. Phillips Carter stated that there are currently around 68 retailers that sell tobacco or tobacco products, approximately 10 sell tobacco and tobacco products only.

Dr. Jennewine added that in the Madison school district, there were recently three students caught with vapes. All three of those contained THC and were purchased in Middletown.

Mayor Condrey commented that the main goal is to protect the youth.

Ms. Phillips Carter stated that T21 revenue will focus on education and ways to prevent tobacco addiction.

Mayor Condrey stated that there is currently a moratorium in place in Middletown limiting medical marijuana facilities.

Mayor Condrey asked if it would be the BOH or City Council that would approve a retail density number.

Ms. Phillips Carter stated that she will ask the legal department.

Ms. Phillips Carter stated that for the next BOH education, she will invite T21 representatives as well as City Council.

Mayor Condrey stated that she would like for the BOH and City Council to hold a special meeting with T21 representatives, stating that the easiest time to do so would be before a City Council meeting.

#### NEW BUSINESS

##### **Travel Authorizations**

No travel requests.

##### **Board Member Topic-Open Discussion**

Dr. Zollett stated that he noticed on the budgetary control report that the health department has only used a small portion of COVID funds.



Ms. Phillips Carter explained that when there are emergencies and the health department receives money, the money that is not used is carried over in the health department budget. Typically, the City has to subsidize the health department, while we still have COVID funds available those funds will be used instead of City funds.

Mayor Condrey inquired if any of the funds could be used for mental health.

Ms. Phillips Carter stated that they could and she will look into mental health programming available.

Mayor Condrey stated that someone had mentioned recently that we no longer have any psychiatric hospitals and wonders if we are seeing the ramifications of that on our streets.

Dr. Zollett stated that the psychiatric hospitals began to be phased out in the 1960's, the plan was to have community mental health units. The psychiatric patients were given medicine, most of them would feel better and then stop taking the medicine and we ended up here.

Ms. Phillips Carter stated that we do have Summit Behavioral Healthcare, however; there are not enough beds and patients can only stay for seven days.

## REPORTS

### **Health Commissioner**

Ms. Phillips Carter reminded board members to return their NAPH forms to Ms. McDonald.

Ms. Phillips Carter informed the board that accidental deaths have increased. There have been more deaths related to accidental falls. It is important to ensure preventative measures are in place such as: good lighting, rails and no rugs.

Ms. Carter Phillips informed the board that CMHD Emergency Preparedness Coordinator, Olivia Hall, has an interest in urban geography.

Mayor Condrey stated that she could see a benefit of Olivia putting together a presentation for the park boards.

Ms. Phillips Carter informed the board that the first "Walk and Talk" had been a successful event.

Ms. Kash stated that they started at New Era Church and walked, talked and cleaned up. The previous "Walk and Talk" began at Rosa Parks elementary school. Ms. Kash stated that there seemed to be more people out at New Era.

The next "Walk and Talk" will be held on May 20<sup>th</sup> at the Church of Nazarene on Sutphin Street.

### **Medical Director**

Dr. Jennewine reported the April Communicable Disease cases.

Campylobacteriosis	1
Chlamydia infection	25
COVID-19	59
CP-CRE	1
Gonococcal infection	6
Hepatitis B	3
Hepatitis C	8
Syphilis	1

### **Director of Nursing**

Ms. Corbin informed the board that as the number of COVID cases continues to decrease, she is working on cleaning up data and continuing to offer COVID vaccines.

#### Environmental Director

Ms. Ealy informed the board that plans have been approved for a micro-market at Magellan, a remodel at Angry Chicken and two new mobiles. Mr. Hotdog has been approved to be licensed, CMHD is awaiting license payment. Zulu Bar has been licensed.

Ms. Ealy informed the board that the failing septic system on Central Avenue has been abandoned and the house is now connected to sanitary sewer.

Ms. Ealy stated that all but three pools have paid for their annual license.

Ms. Ealy informed the board that Riverside Village has eliminated their campground and will be replacing it with manufactured homes.

Ms. Ealy stated that the Workforce Development Grant has allowed staff to participate in extra training.

#### Discussions

Mayor Condrey stated that she will look into a joint meeting with the Board of Health and City Council to discuss T21.

#### ADJOURNMENT

The meeting was adjourned at 8:42 AM. The next meeting will be held on June 13, 2023 at 7:30 AM.

 Jacquelyn D. Phillips Carter, MPH, BSN, RN  
Secretary

 Nicole Condrey, President  
City of Middletown Board of Health